

## Frequently Asked Questions

### **Can these face masks be washed?**

Yes. The non-woven filtration media that is to be sewn into the mask is very similar to the interfacing used in certain types of clothing for stabilization and can be washed just like any other 100% cotton garment.

### **How often should I wash my face mask?**

The face masks should be washed regularly depending on how much the mask is used.

## **CDC Guidelines for the Use of Cloth Face Coverings to Help Slow the Spread of COVID-19:**

### **How to Wear a Cloth Face Covering:**

Cloth face coverings should—

- fit snugly but comfortably against the side of the face
- be secured with ties or ear loops
- include multiple layers of fabric
- allow for breathing without restriction
- be able to be laundered and machine dried without damage or change to shape

### **Should cloth face coverings be washed or otherwise cleaned regularly? How regularly?**

Yes. They should be routinely washed depending on the frequency of use.

### **How does one safely sterilize/clean a cloth face covering?**

A washing machine should suffice in properly washing a face covering.

### **How does one safely remove a used cloth face covering?**

Individuals should be careful not to touch their eyes, nose, and mouth when removing their face covering and wash hands immediately after removing.

We encourage you to visit <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html> for additional information.